August 4, 2019 Volume 35, Issue 31

500 Pitman Road Sewell, NJ 08080 856-589-1500 www.pitmanroadcoc.com

Why Should We Pray?

AllAboutPrayer

Why Should We Pray – To whom do we pray?

Before we can answer, "why should we pray," we must know to whom we pray. There is only one supreme Creator and sovereign God. There is only one way to Him and that is through His only- Son, Jesus Christ. God, our Heavenly Father, is the only one we can be assured of who hears and answers our prayers. He is the God of amazing love, mercy, and forgiveness.

- By Him, all things are possible. Jesus says in **Mark 10:27**, "Humanly speaking, it is impossible. But not with God. Everything is possible with God."
- Daniel 9:18 tells us: "We do not ask because we deserve help, but because you are so merciful." (Mercy means showing favor, compassion, and kindness.)
- God's ultimate demonstration of love is forgiveness of the sins each of us have committed. "For God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life. God did not send his Son into the world to condemn it, but to save it" (John 3:16-17).

He is the only God who has done this, and is the only God able to do so. But His enemy, Satan, has sent many false gods to deceive mankind. Do not be deceived nor allow anything or anyone to take priority over the only true and living God.

Why Should We Pray - For what do we pray?

Prayer is the key to the heart of God. Prayer is the only way to a real and personal relationship with God.

- Pray acknowledging He is God, and that you <u>accept His gracious gift</u>, Jesus Christ, as your Lord and Savior **(Genesis 17:1, Romans 6:16-18)**.
- Pray confessing our sins and <u>accepting His forgiveness</u> (Romans 3:23-26).
- Pray that His will be done in our lives, that His Holy Spirit guide us, and that we be filled with the fullness of all God has for us.
- Pray for (spiritual) understanding and wisdom (**Proverbs 2:6-8, Proverbs 3:5).**
- Pray with thanksgiving for all the ways He blesses us (Philippians 4:6). Pray when we are ill, lonely, going through trials or interceding for others (James 5:14-16, 2 Corinthians 12:9-10).
- Pray to worship Him (Psalm 95:6-7).

There is nothing we can't pray about. There are abundant references to prayer in the Bible. The Bible tells us to "pray without ceasing" and "in everything give thanks to the Lord." When we choose to have a positive attitude, we realize we have received many blessings for which to give God praise.

We find intimacy with God through communicating with Him in prayer. We go to Him in faith, knowing that He hears and answers all our prayers (1 John 5:14). Be confident that God knows and wants what is best for us; so ask that His will be done in all we seek from Him. Then, thank Him for it, even though it hasn't happened yet.

Why Should We Pray – How do we pray?

- Jesus gave his disciples, what we call, "The Lord's Prayer" (Matthew 6) as a model.
- In addition, **Hebrews 4:14-16** tells us we can pray boldly -- "That is why we have a great High Priest who has gone to heaven, Jesus the Son of God. Let us cling to him and never stop trusting him. This High Priest of ours understands our weaknesses, for he faced all of the same temptations we do, yet he did not sin. So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it."

Above all, <u>pray with sincerity</u>, <u>honor</u>, and <u>humbleness before</u> <u>the Almighty God.</u> "The earnest prayer of a righteous person has great power and wonderful results" (James 5:16).



From Daniel's Den





Derrick Busch Minister

"The reason that Paul could use the body as a metaphor for unity as opposed to division when discussing the church is that the body really is a unity."

We're All A Mess

5 Myths About Depression- Michael S. Lundy

Myth #2: It's all in my mind.

Well, if you happen to be a disembodied spirit, maybe so. I'm inclined to say that our minds are (presently) all in our bodies. Show me a mind without a body, and I'll show you a body without a mind. Who we are is defined by what we are: living souls (1 Corinthians 15:14). While spirit and body may be distinguished, they cannot (at least in this life) be separated (James 2:26). References in Scripture to their separation (as opposed to emphasis on one aspect of ourselves) do, as far as I can make out, refer to the afterlife (e.g., 1 Samuel 28, which describes the unlawful summoning of Samuel from his "rest" after death by Saul). Now, there are synonymous as well as overlapping terms in Scripture for heart, soul, spirit, and mind, yet entire theologies have been based upon eisegetical (the process of subjectively interpreting a text) renderings of that single verse in Scripture which references "spirit and soul and body" (1 Thessalonians 5:23) as if it were an anatomy lesson rather than the comprehensive benediction intended by Paul!

So what? Well, for starters, if you are depressed, it usually *affects* your body in terms of sleep, energy, appetite, and sense of well-being. On the other hand, sometimes depression is an *effect* of poor bodily health in one or more ways. A quick example is untreated obstructive sleep apnea. This condition, especially in severe forms, degrades sleep in terms of both quantity and quality. Much of the night is spent actually waking from sleep and falling asleep again and again, so that what is known as sleep *efficiency* is very low. In addition, the actual sleep itself is shallow and non-restorative. If you've ever gone without sleep for an extended period, you will realize how miserable it makes you in almost every way: concentration is poor, judgment is impaired, fatigue slows down action, and irritability rises. And this is for non-depressed individuals. Our minds are "housed" in our bodies and not disconnected functionally or mechanically from them. We tend to "sense" ourselves as being centered in our "heads" but, when we face unexpectedly sorrowful news, our "hearts" ache and our center seems to have somehow shifted. Our brains and the other aspects of our selves that think and feel and know are all part of one body. The reason that Paul could use the body as a metaphor for *unity* as opposed to *division* when discussing the church is that the body really is a unity. *One*.

Bread Ministry Volunteers Needed



I am looking for bakers, men or women, to prepare the visitor's bread for the following months: August, September, October, November, and December. Please sign your name on the sign-up sheet located at the Welcome Center. In addition, volunteers

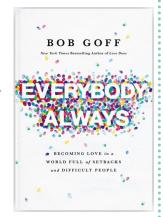
are also needed to pass out or assist in passing out the bread on Sunday. Please let me know if you have any questions or concerns. Thank you in advance for your assistance. - Mary Collier



During our Junior High 1 Camp Manatawny week, we had a special guest. Jade Adams received the flag after flag lowering. Jade was a counselor for Junior High 1 last year, but this year she was unable to join us because she was at basic training for the US Marine Corp. Congrats Jade! We are so proud of you!



Women's Book Club Begins Sept. 2019!



Please plan to join us for a Women's Book Club on Tuesday, September 24th at 6:30 pm at the home of Gloria Myerson in Sewell. We will discuss the book "Everybody Always" by Bob Goff, 240 pages, \$9.85 paperback on Amazon. Get your copy and read it this summer! Please see Brenda Busch and Gloria Myerson for more details!



Long time missionaries Craig and Katie Young will be making their annual visit to us on Sunday, August 18. Craig will provide a mission update on the Lord's work in France during Bible class at 9:00

am. All adults and teens will meet in the auditorium. Craig will also deliver the sermon during the 10:00 am worship service.

Following the worship service, everyone is invited to a cookout

in honor of the Youngs in our Family Life Center. All meats, buns, and baked beans will be provided. Please bring lettuce, tomato, and onion, side dishes, desserts, and chips.

We ask that you sign up at the Welcome Center if you plan to attend and let us know what you are bringing.



Another Great Summer at Camp Manatawny!



Every summer, the Pitman Road church places special emphasis on Camp Manatawny. There are seven summer camping weeks for various age levels, as well as Family Camp in May, and Camp Sonshine for campers with special needs

in June. Rarely will any of those camp sessions go by without any staff and/or campers present who are from our congregation. Both Jr. High 1 week and Elementary 1 week are directed by and primarily staffed by members of our church.

Additionally, we make sure that children who want to go to camp get to go to camp! This year, we collected \$2615 and sponsored 15 children for camp, some who are part of the church family, and some who our members request sponsorships for. Every year, our members contribute to the cost of these sponsorships so that the money never comes out of our general funds. Right now, there is still a balance of \$265 towards sponsorships that need to be covered. If you would like to contribute to cover all or part of that balance, please write your check to Pitman Road Church of Christ and note "camp sponsorship" on memo line; drop it in the collection plate or give it to Dottie.



There is another large group of our members at Camp Manatawny this week; a group both serving as volunteers and those enjoying the week as campers. This week is Elementary 1 week which is for children completing grades 1 & 2.

Please be extra prayerful for Manny Vander Vennen, as this is the tenth year that he has been directing this week!



Volunteers Urgently Needed for the following roles...

Greeters (Front-Door and Back-Door)
Before class and worship: Welcome visitors and arriving members, hand out bulletins, provide visitors info about where to go for adult and children's classes, help those needing assistance (unloading cars, wheelchairs, etc.)

Welcome Center Attendants
After worship: Welcome visitors, receive connection cards, answer questions, provide welcome center materials, hand out gift bread.

Contact andym@cochrist.org if you can help!

Our Schedule

Sunday

9:00 am Bible Classes 10:00 am Worship

Wednesday 7:00 pm Bible Classes

Office Hours

Tuesday - Friday 8:30 am - 4:30 pm

Last Week	
Bible Class	99
Worship	197
LIFE Groups	NA
Wednesday	36

Ministers

Joey Peacher, Preaching Minister	,, -
Derrick Busch, Pastoral Care Minister	dbusch@cochrist.org
Dan Cooper, Connections Minister	dcooper@cochrist.org

Office Staff

Dottie Grillo dgrillo@cochrist.org
Katelyn Ikeorha kikeorha@cochrist.org

Elders

Mike Broyles	mbroyles777@gmail.com
Horatio Fenton	horatiofenton@comcast.net
Brian Holden	bcholden94@hotmail.com
Garth Hutchinson	609-414-2606
	grth.hutchinson@gmail.com
Mike Lazar	teacher.engineer@comcast.net
John Peoples	609-617-7451
Dave Perine	davidt.perine@comcast.net

Elder on Call for August: Garth Hutchinson

Serving Us Today

Nursery Kate Ikeorha
Kids For Christ Summer Break

Jr. Worship Summer Break

Greeters: Front Entrance Larry Peterson

Greeters: Back Entrance Andy Mychajlowycz

Information Center Jackie Fenton

Ushers Daye & Annette Perine

Shepherd's Call Horatio Fenton
Song Leader Mike Broyles

Find Us on Social Media:



www.facebook.com/ pitmanroadchurchofchrist





Please pray for all of our Troops!

New Cadet Luke C. Olley P.O. Box 3097 West Point, NY 10997-3097

(Drop "New" after August 17th)

Please pray for all of our Troops!

CC Brianna Peoples 950 Reynolds Road #169 West Point, NY 10996



This Week's Prayer Requests

Prayer Requests:

Wilma Gillespie, mother of Elinda Hunter, fell and was taken to Lawnwood Medical Center in Ft. Pierce Florida. She broke her pelvis and another small bone. Surgery may not be a good option. She will most likely need to be in an in-house PT place.

Diana Ford, sister of Jayne Schofield, recovering from surgery for colon cancer.

Judy Fitzpatrick, still in a lot of pain. Still unable to eat.

Emma Drummer, continues to undergo testing. Doctors determined she had another mini stroke. Phone calls are welcome.

Zachary Kuznetzoff, grandson of Elinda Hunter, recovering from pneumonia. His last doctor's appointment went well. He only needs an occasional breathing treatment at night and is resuming normal activities. Elinda thanks you for your prayers.

Eddie, son of Debbie Camorata's friend/coworker, continues to have several serious health issues. Continued prayers are appre-

Please continue to pray for Clare Hightower, Patti Frambes, Doug Oliver, Elinda Hunter, and Linda Prenger, as they receive treatment for/recover from cancer, as well as Kareem Rutledge, Jr. and Je'Ani Lyles in their rehabilitation/recovery from life changing injuries.



Emma Drummer is really going through a rough time right now in regards to her overall health. It has greatly impacted what she's able to eat. Her diet now consists of, by doctor's order: Fruits, Salads (Kale & Spinach), Vegetables, Arizona Ice Tea

with Ginseng & Honey (O Sugar), Fish, and Chicken (Baked, not fried). If you are able to bless our sister by providing a meal or any of these individual items, she would be greatly blessed by your love! If you are able and willing, it's simple! Bring the food or items on Sundays, and our sister Donna Mychajlowycz has agreed to drop the items off on Mondays.



To our Family at the Pitman Road Church,

I had to write you to tell you that Bryce had an amazing time [at Camp Manatawny] and Marc and I are so grateful to have a support system like you. We are thankful for you giving Bryce this opportunity. God bless every one of you.

All our love, Marc Lotsey and Becky Smith



To the Pitman Road Church,

Your kind and thoughtful expression of sympathy is deeply appreciated and gratefully acknowledged.

- The Laurence Kellum, Sr. Family